

Dare to Care

Radical Truth with Compassion

A two-day workshop for leaders and managers.



Dare to Care enough about others to speak the truth; creating stronger relationships, enhanced interpersonal skills and a culture based on respect, responsibility and truth.



Does your organisation Dare to Care?

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What do you do when people don't keep their agreements?

How do you deal with broken promises, unmet expectations and bad behaviour?

How does your organization handle collusion, sabotage and treason?

How do you prepare for the most difficult conversations?

Dare to Care enough about the conversations and relationships you have in your workplace and in life to:

- speak the truth with compassion
- have the most important and difficult conversations
- speak up when something needs to be said
- deliver powerful and well received performance feedback
- demonstrate responsibility and encourage it in those around you
- challenge your perceptions and the perceptions of others
- speak with feeling, while maintaining your personal power and centre

About the Dare to Care program

Dare to Care is a unique experiential program designed to transform the way you communicate.

The program facilitates changes in the person initiating the truthful conversation, from a place of fear / hardness / righteousness / attack, to one of care and the highest level of support for the other.

Dare to Care can be delivered to address four levels of need within organisations:

- deliver the most difficult and important conversations powerfully and honestly. For example: performance management, negotiations, staff terminations and client complaints.

- develop leaders with strong interpersonal skills, the ability to achieve bottom line results and inspire from the heart;
- create a culture of respect, truth, accountability and compassion, where speaking up is endorsed and encouraged;
- develop strong teams, executive groups, and boards, united around a compelling and clear central vision, within an environment of respect and truth which allows for diversity of opinion.

Transforming conversations to build successful relationships

Conversations and relationships are the foundation of our work and our life. If we can master the way we communicate, we can achieve many of the things we want more of:

- better relationships
- enhanced and creative negotiation skills
- improved coaching and interpersonal skills
- ability to tell a powerful story that motivates people to action
- support others to be authentic, responsible and powerful contributors
- improved sales and healthy alliances
- creating environments where people want to work

Who will benefit from the Dare to Care workshop?

The Dare to Care program is an ideal professional, personal and social development workshop for senior executives, managers, sales people, and leaders. The level of complexity of each module can be modified to suit the audience and the pre-determined outcomes. We can also tailor the 15 core modules within Dare to Care to specifically suit your organisation's unique needs.

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| Transforming conversations | <p>The Dare to Care program gives you practical tools you can use every day in work and life:</p> <ul style="list-style-type: none"> • learn how to set the context for the most difficult conversations • recognise your own contribution to the issue • manage your own emotions, communicating successfully without becoming weak or disempowered • transform defensiveness and blame into openness and collaboration • discover powerful tools for conflict resolution • learn to make requests, manage expectations, challenge assumptions and eradicate ambiguity • develop accountability and responsibility as business tools • be honest in all conversations, with care and respect <p>and much more...</p> |
| Format | <p>The program consists of a two day Learning Module and a followup Implementation Module.</p> <p>The Learning Module comprises 15 modules which are typically delivered as a two-day workshop but which may also be delivered separately, or as best fits your needs.</p> <p>The Implementation Module consists of individual coaching sessions for up to four months following the workshop, ensuring that The Learning Module is fully integrated.</p> |
| The Learning Module Two Day Program | <p>The Learning Module is a two day workshop from 8.30am to 4.30pm.</p> <p>One hour group teleconference session within one month of the workshop.</p> <p>Suitable for 8 to 20 participants.</p> <p>The workshop facilitators are rigorously trained as Dare to Care facilitators by the Syzergy principals.</p> |
| Tuition fees for The Learning Module Two Day Program | <p>The Dare to Care program fee for 8-20 participants is \$10,000 (plus GST for Australian participants).</p> <p>This fee is based on the program being delivered in your company's in-house training facility.</p> <p>The program fee does not include airfares, accommodation and sundry travel expenses.</p> |
| The Implementation Module | <p>Three to six 45-minute individual telephone coaching sessions for each participant in a Just-In-Time format, within 4 months of completion of the two day program. These sessions are to ensure the tools and models are used in a relevant and practical way and the learning is fully integrated.</p> <p>Individual and group coaching during the Implementation Module may be provided by other Dare to Care facilitators and Syzergy coaches.</p> |
| Fees for the Implementation Module Coaching | <p>The fees for these sessions are based on the frequency and level of delivery (senior executives, middle management, line managers). Fees are determined on an individual basis.</p> |

To find out more: To obtain a list of the modules, competencies and outcomes call Syzergy on 07 5527 9903 or send an email to Janine@syzergy.biz with your name, job title, organisation, telephone number and a brief description of why you are interested in the program.

Christine or Audrey will contact you to discuss your objectives.

More information on Syzergy, and the Dare to Care program is available @ www.syzergy.biz

About Syzergy

Established in 1997, Syzergy is an international training and coaching company specialising in enabling people to tell the truth with compassion.



Christine McDougall, MCC
is the founding director of Dare to Care.

Christine's clients include Hyatt International, A.N.Z. Bank, McKinsey, Clayton Utz, St George Bank and Australia Post. She has lectured to MBA students at both Bond University and Queensland University of Technology. Her individual clients are based around the world. Christine has provided thousands of hours of coaching to senior executives all over the world.

Business leaders seek out Christine because of her extraordinary ability to inspire people to act with truth, responsibility, integrity, courage and love. Christine's ideas combine practical application with philosophical and spiritual depth.

Christine has been a Board member of the International Coach Federation for five years, in her last year as Vice President. She was also the inaugural President of the International Coach Federation Australasia. Christine is on the editorial board of the International Journal for Coaching in Organisations, the first professional coaching journal to be published worldwide. Christine holds a Master Certified Coach credential from ICF, the highest recognised credential from an independent body. She was the first coach in Australia to achieve this credential.

Christine lives on the Gold Coast in Queensland, Australia, with her 15-year-old daughter Natalie. Beyond her work, Christine has completed over 14 marathons and three ultra-marathons and an Ironman Triathlon. Her endurance sport has contributed, without a doubt, to her value as a coach, in the spiritual, physical, emotional and mental domains.

To find out more about Christine, visit www.syzergy.biz



Audrey McGuinness
is a principal and director of Dare to Care.

Audrey's areas of expertise include financial analysis and planning, systems development and relationship management. Her clients have included senior executives at McDonald's and ANZ Bank, as well as executives and business owners from diverse industries including professional services, health services, journalism and film. Through coaching partnerships Audrey has helped her clients achieve very specific results including:

- improving communication and relationships between individuals
- identifying and achieving key performance indicators for individuals and organisations
- identifying personal needs and values and implementing programs to support new habits and goals
- moving through major life or business transitions with reduced stress and a sense of purpose.

Following a career in investment banking, Audrey retrained as both a psychotherapist and a coach. She has more than six years' business and personal coaching experience. Audrey's coaching credentials include CoachU Accreditation (1998), full member of the International Coach Federation, and a founding member and Board member of the International Coach Federation Australasia.

Audrey lives in Sydney with her two children, Madeleine and Ethan. She is dedicated to facilitating more progressive forms of education on a global scale, especially for adolescents.

To find out more about Audrey, visit www.syzergy.biz



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TESTIMONIALS

This would have to be the best course I have attended at ANZ. The course content was relevant and the presentation excellent

David McIntyre, ANZ New Zealand.

I found the Dare to Care program to be very valuable, I was riveted all day.

Annette Sloan, ANZ New Zealand.

Thank you for conducting the recent 'Dare To Care' program for the Leadership Team in this Region.

The Program really identified various skills necessary in uncovering real intent and feelings in general communications - not for just the work environment but for family life as well. Dealing with people's intellectual and emotional intelligence can be difficult at times. The examples provided and the way you presented them assisted my Team greatly - feedback received after attendees used the skills following the workshop confirmed this.

I found the program beneficial on two fronts. Firstly it really challenged traditional practises by more experienced Leaders. Secondly it presented a fantastic platform to work from for less experienced leaders.

Leaders need this type of Program if they are to become more effective with their communications. Thank you again Christine.

**Bruce McQualter, Regional Manager
Rural Banking NSW North West, ANZ, Australia**

The Dare to Care one day experience was a day of great personal transformation for me. I knew I wanted to be there and now I know why.

6 months later.

I am being me a lot more at work these days. Finding my difficult conversations are much more authentic.

At the workshop I had asked you about a particular incident that related to my family. My communication style to my family has completely changed. There is a lot less frustration and resentment and much more acceptance. I feel somehow at a higher level of communication where I can see the big picture more clearly and what I want for the relationships going forward.

Thanks again.

Eimer Boyle, Dupont Australia.

A very useful session on how to have more meaningful and useful conversations, which if implemented properly, would enhance working and other relationships.

Kate Mulligan, Advance Bank, Australia

Profound. Very exciting. First course I have ever attended where I received practical tools to move forward and make a difference.

Giselle Mills, MBF, Australia

'Phenomenal'

**Shirley Michl, Blue Cross Blue Shield,
North Carolina, USA**

Provocative, new frame-work for similar concepts-great.

**Debbie Davis-Noell,
UNC Healthcare, North Carolina, USA**



Does your organisation Dare to Care?



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